

A photograph of a woman and two children playing on a beach at sunset. The woman, wearing a red jacket and a brown knit hat, is leaning over and smiling. Two children, one in a pink jacket and the other in a blue and black jacket, are digging in the sand. The background shows the ocean, a cliff, and a building under a warm, golden light.

**BE PART OF TOMORROW'S
CURE FOR DEMENTIA**

Your guide to leaving a gift in your Will

ABOUT US

Alzheimer's Research UK is the UK's leading dementia research charity. We won't stop until everyone is free from this heartbreaking condition. Our scientists work on treatment, diagnosis, prevention and cure to tackle dementia from every angle.

Thanks to our supporters, we are the largest charity funder of dementia research in the UK. We invest in the best research, powering the most forward-thinking scientists and working with world-class organisations.

We fund research into all forms of dementia, so no one is left behind in the search for a cure. With your support, we will keep going until every person is free from the heartbreak of dementia.

**WE ARE ALZHEIMER'S RESEARCH UK.
WE EXIST FOR A CURE.**



CONTENTS

- 3** Why writing a Will is important
- 4** What a gift in your Will could mean to dementia research
- 9** How to leave a gift in your Will for dementia research
- 11** Will writing offers
- 13** Get in touch
- 14** Our promise to you

WHY WRITING A WILL IS IMPORTANT

Why make a Will?

As a legally binding document, a Will is the clearest way to make sure that your wishes are both understood and carried out. So you can relax knowing that you will be remembering both the people and the causes you care about into the future.

We suggest you review or update your Will every five years, or after any major life event such as the birth of a child or buying a new house. A marriage will invalidate any previous Will you have written, so if you marry or re-marry, you will need to write a new one.

What if you, or a loved one, are affected by dementia?

Having dementia doesn't necessarily mean that you are unable to write a Will. It may still be possible as long as you are capable of making a decision about your wishes. We always suggest that you work with a solicitor in this situation.



WHAT A GIFT IN YOUR WILL COULD MEAN FOR DEMENTIA RESEARCH

One in three children born this year are set to develop dementia in their lifetime.

Yet research can help protect us from the impact of dementia. A gift in your Will to Alzheimer's Research UK, big or small, will support life-changing research, working towards a cure. It will make all the difference for our children, grandchildren and future generations, offering them a future where the heartbreak of dementia is a thing of the past.

Research is our only chance to stop dementia in its tracks. Your gift could speed up discoveries by helping to make more studies, and more research possible. It will allow the world's best scientists to learn more about dementia and its causes. With your support, one day we will find a cure.

Our scientific research will go on for as long as there are people and families affected by this condition. A gift in your Will means this work can continue in years to come.

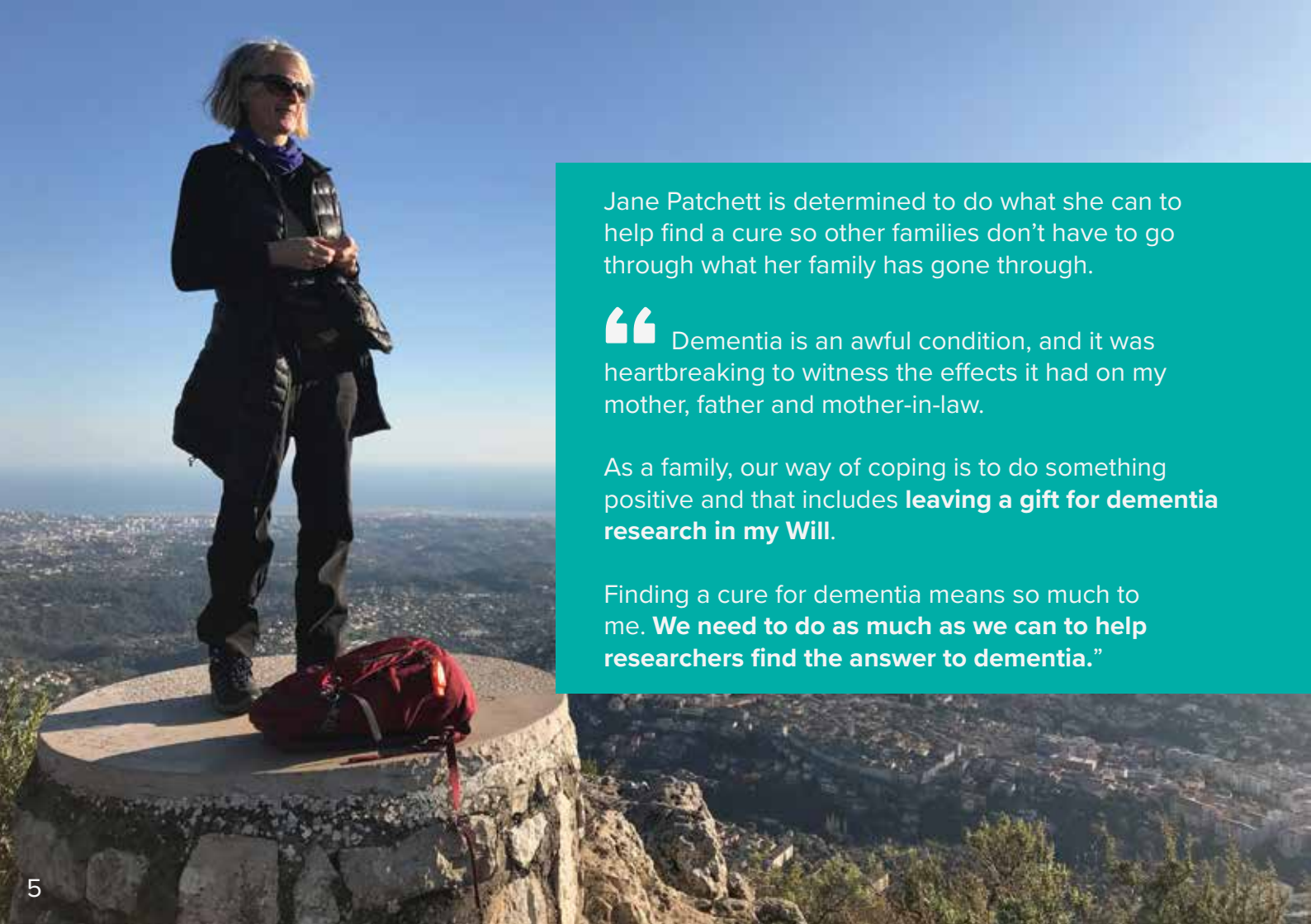
Thank you for considering supporting us in this way.

Best wishes,

Hilary Evans

Hilary Evans
Chief Executive,
Alzheimer's Research UK





Jane Patchett is determined to do what she can to help find a cure so other families don't have to go through what her family has gone through.

“ Dementia is an awful condition, and it was heartbreaking to witness the effects it had on my mother, father and mother-in-law.

As a family, our way of coping is to do something positive and that includes **leaving a gift for dementia research in my Will.**

Finding a cure for dementia means so much to me. **We need to do as much as we can to help researchers find the answer to dementia.”**

TOGETHER WE HAVE...

20
02

developed an innovative approach to study the build-up of the tau protein in Alzheimer's disease.

20
06

pioneered a way of measuring levels of alpha-synuclein protein in the blood, advancing research into dementia with Lewy bodies.

20
09

highlighted the dangers of anti-psychotic drugs in dementia, potentially saving thousands of lives.

20
13

discovered 11 new risk genes for Alzheimer's, doubling the number already known.

20
14

discovered two genes that can increase the risk of developing frontotemporal dementia.

20
16

gained new insights into the link between stroke and vascular dementia, helping build understanding of what causes the disease.

20
19

shone new light on how heart health is linked to our risk of developing dementia.

20
20

explored over 20 potential new treatments at our Drug Discovery Institutes.

20
23

found that an HIV drug could help protect against build-up of dementia-related proteins in the brain.

**ONE
DAY**

We will cure dementia, and you will have made it possible.
Thank you.



I have always been inspired by people with dementia and their families, but my personal motive to work in dementia research grew even stronger in 2015 when my grandfather was diagnosed with the condition. He had been a firefighter for over 40 years and I had always seen him as a strong and gallant man. Watching his demise and ultimate death due to dementia was a tremendously difficult experience, but one that has strengthened my resolve to contribute to a world where people can live without the fear of dementia.

Thanks to Alzheimer's Research UK's funding and your dedicated support, I can carry out research that may take us closer to fulfilling our mission of developing life-changing treatments for dementia. I truly believe my work and similar research has the potential to find a cure."

Dr Daniel Erskine,
Alzheimer's Research UK-
funded scientist



THE FUTURE OF RESEARCH

The number of people with dementia in the world is set to more than double by 2050. While dementia is a huge medical challenge, we are better placed now, more than ever, to make progress for a cure. **And a gift in your Will can help us get there.**

In the past few years, researchers have made incredible progress in building understanding of the diseases that cause dementia. The next decade will be about translating these findings into developments that **change people's lives.**

With more support now and in the future, research will find a cure for dementia.

We are already seeing a new generation of Alzheimer's drugs coming out of clinical trials. These new drugs target a protein called amyloid which plays a central role in the disease.

So far, these drugs only have a modest effect, but thanks to our supporters, **they will get better.** Researchers are working on other treatment approaches that target different aspects of Alzheimer's. And initiatives like Alzheimer's Research UK's Drug Discovery Alliance are working on drugs for multiple forms of dementia.

Blood tests, brain scans and other diagnostic approaches are getting more accurate.

These tests are starting to make their way into clinics and researchers are working to improve their reliability. With your help, researchers will discover how to detect diseases before symptoms appear. Intervening earlier will give treatments and lifestyle changes a better chance of delaying the onset of symptoms.

We fund research into all forms of dementia, so no one is left behind in the search for a cure. A gift in your Will means research can continue until **everyone is free from the heartbreak of dementia.**

HOW TO LEAVE A GIFT IN YOUR WILL FOR DEMENTIA RESEARCH

If you're making a Will, Alzheimer's Research UK can be included like any other beneficiary. We've included some wording below and left a space for your gift, whether that's a percentage of your estate or a specific sum.

I leave _____ to Alzheimer's Research UK, of 3 Riverside, Granta Park, Cambridge CB21 6AD; registered charity number 1077089 and SC042474, for its general charitable purposes absolutely.

There are four types of gifts that you can include in your Will.

A **residuary gift** means a gift made from the remainder of your estate, after expenses like debts, liabilities and inheritance tax have been taken care of and any other specified gifts have been distributed. You can specify a percentage of what remains, or all of it.

A **pecuniary gift** is a cash gift, where you decide the amount.

A **specific gift** means a particular item, such as jewellery, stocks and shares, or the proceeds of a life insurance policy.

A **conditional gift** is a clause included in your Will in case of unforeseen circumstances. For example, if the person you intend to leave your estate to dies before you do.

Already have a Will?

You can use the Codicil form included with this guide to add in a gift to Alzheimer's Research UK. Your Will and your wishes are important, we recommend that you have any changes checked by your solicitor to make sure that everything is in order.

Olive was diagnosed with vascular dementia in 2017. Despite her diagnosis she is determined to do what she can to support dementia research.

She and her husband Ronnie have rewritten their Wills to include a residuary gift to Alzheimer's Research UK.

“ I know that developments in dementia research are likely to come too late for me. This condition will rob me of my life. But the most important thing for me is that there is hope that treatments will be found to slow down and stop dementia so future generations will not be affected.”



WILL WRITING OFFERS

We have a number of offers available that allow you to write your Will for free or for a discounted price. You can find out more at alzheimersresearchuk.org/free-wills

There is no obligation to include a gift in your Will to Alzheimer's Research UK, even if you take up any of these offers.

However, we would be very grateful if, after you have looked after your family and friends, you would consider remembering Alzheimer's Research UK in your Will and be part of tomorrow's cure for dementia.

For more information, or to take up one of these offers, please contact our Gifts in Wills team:

Phone: 01223 896 606

Email: giftsinwills@alzheimersresearchuk.org

Visit: www.alzheimersresearchuk.org/free-wills



Thanks to the bright orange morphsuit he wears for running races, Colin Neilson is one of Alzheimer's Research UK's most recognised supporters.

He ran his first race to raise money for dementia research in 2017 and has gone on to run many more, including the London Marathon, Great North Run and Cambridge Half Marathon.

Now, Colin is supporting dementia research in another way, which, while not as striking as running in a full body orange Spandex suit, is just as powerful. He has pledged to **leave a gift in his Will for dementia research.**

Colin supports Alzheimer's Research UK in memory of his mum, Morag, who died in 2016 with frontotemporal dementia.

“It's such a cruel condition both for the person with dementia and their family who have to watch their loved one slowly deteriorate.

It is absolutely heartbreaking when your own mother no longer knows who you are or watching tears roll down her cheeks because she thinks in her mind that her husband, my dad, has died when he is alive and well at home.

While there are so many great charities, I believe Alzheimer's Research UK is one that needs our support because dementia affects so many people and unlike many other critical illnesses, there is currently no cure.

It is only through research that we'll put an end to dementia so other people don't have to go through what my mum went through.

I'm proud to support the charity by pledging to leave a gift in my Will.”

FIND OUT MORE

Would you like more information about leaving a gift?

If you would like to speak to someone about including a gift in your Will, please contact our Gifts in Wills team.

You can contact the Gifts in Wills team by phone on 01223 896 606, or email at giftsinwills@alzheimersresearchuk.org

Planning for the Future information

In addition to this guide, Alzheimer's Research UK have developed a pack with information on Wills, Inheritance Tax, Lasting Powers of Attorney and paying for care. To request your free pack, scan the QR code or visit www.alzheimersresearchuk.org/planning-for-the-future-information



Find out more

For a list of solicitors who have told us they have experience of clients affect by dementia:

www.alzheimersresearchuk.org/solicitors

Solicitors for the Elderly: www.sfe.legal

The Law Society: www.lawsociety.org.uk



OUR PROMISE TO YOU

- If you decide to leave a gift in your Will to Alzheimer's Research UK then we promise to spend your money wisely. We continually focus on running the charity as efficiently as possible.
- We promise to continue funding the best quality science. The only way to overcome dementia is through research, and so we promise to use your donations to fund the very best.
- We promise to treat you fairly. We'll always be open and honest with you and we won't present anything in a way that could be misinterpreted, be it in communications, online or by phone.
- We promise that you can opt out of receiving communications from us at any time, and we will make it easy for you to tell us how you want to hear from us. We'll never sell, rent or share your information with external organisations for their benefit.

Alzheimer's Research UK is the UK's leading dementia research charity.

Our scientists work hard every day to discover treatments, speed up diagnosis and learn how to prevent people from developing dementia.

One day, we will cure this heartbreaking condition.



Alzheimer's Research UK
3 Riverside, Granta Park,
Cambridge CB21 6AD

T: 0300 111 5555

E: enquiries@alzheimersresearchuk.org
www.alzheimersresearchuk.org

Registered charity number - 1077089 & SC042474

